



**Weekly Menu**

**9/14/20**

**Substitutions for  
(Ages 12-24 months) and others**

**Menu**

<b>Monday,</b>	<b>September 14, 2020</b>	
<b>Breakfast:</b>	<b>Waffles, Orange Juice and milk</b>	<b>Peaches</b>
<b>Lunch:</b>	<b>Soft Tacos w/ Ground Beef &amp; Cheese, Black Beans, Corn and milk</b>	
<b>Snack:</b>	<b>WG Ritz and Peanut Butter with Water</b>	<b>Cheese</b>
<b>Tuesday,</b>	<b>September 15, 2020</b>	
<b>Breakfast:</b>	<b>WG Cheerios, Banana and milk</b>	
<b>Lunch:</b>	<b>Pancake, Sausage, Oven Brownd Potatoes, Tropical Fruit and milk</b>	
<b>Snack:</b>	<b>Pretzels and Fresh Pears with Water</b>	<b>Pears</b>
<b>Wednesday,</b>	<b>September 16, 2020</b>	
<b>Breakfast:</b>	<b>Grits, Banana and milk</b>	
<b>Lunch:</b>	<b>Chicken Nuggets, Green Beans, Pears, WW Sliced Bread and milk</b>	
<b>Snack:</b>	<b>Graham Crackers and Honeydew with Water</b>	
<b>Thursday,</b>	<b>September 17, 2020</b>	
<b>Breakfast:</b>	<b>Toasted English Muffin, Apple and milk</b>	<b>Tropical Fruit</b>
<b>Lunch:</b>	<b>Black Eyed Peas, Zucchini, WW Roll, Peaches and milk</b>	
<b>Snack:</b>	<b>Animal Crackers and Fresh Pears with Water</b>	<b>Pears</b>
<b>Friday,</b>	<b>September 18, 2020</b>	
<b>Breakfast:</b>	<b>WW Cheese Toast, Honeydew and milk</b>	
<b>Lunch:</b>	<b>Italian Pasta Salad w/ Cukes &amp; Tomato, Cheese Cubes, Apple and milk</b>	<b>Applesauce</b>
<b>Snack:</b>	<b>WG Goldfish and Apple Juice</b>	<b>Honeydew</b>

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction (such as peanut butter). All children 2 yrs. and over are served Unflavored Skim Milk and children 12-24 Months are served Unflavored Whole Milk. All Juice served is 100% Juice.

**Milestones Learning Center participates in the school food program.  
USDA is an equal opportunity employer.**